

# Task Breakdown w/ 2 hr Pomodoro

What I'd Like to Accomplish

[Large rounded rectangular box for writing the task goal]

Steps Involved

[Rounded box for step title]	[Rounded box for step title]
1. _____	1. _____
2. _____	2. _____
3. _____	3. _____
4. _____	4. _____
5. _____	5. _____

Stages	Time	Done
<b>A.</b>	25 min	<input type="checkbox"/>
Break Time!	5 min	<input type="checkbox"/>
<b>B.</b>	25 min	<input type="checkbox"/>
I see progress!	5 min	<input type="checkbox"/>
<b>C.</b>	25 min	<input type="checkbox"/>
More than halfway there!	5 min	<input type="checkbox"/>
<b>D.</b>	20 min	<input type="checkbox"/>
Break Time!	5 min	<input type="checkbox"/>
<b>E.</b>	5 min	<input type="checkbox"/>

Extra Planning:

Internal Check-In: